

Inspection visit to Järvakandi Nursing Home

Advisors to the Chancellor of Justice paid an unannounced visit to Järvakandi Nursing Home on 25 May 2017. A health expert also participated in the inspection visit.

General care services are provided in a two-storey wooden building heated by a wood-heated stove. There is room for 25 residents in the building. The number of clients in the nursing home at the time of the inspection visit was 25 (nine men and 16 women) and it had four employees – two carers, a cook and the manager. A nurse works at the nursing home part-time (0.25 of a full-time position) and was not present at the time of the inspection visit. The nursing home mainly provides services to elderly people with serious health problems who are incapable of managing independently. The clients staying at the nursing home at the time of the inspection visit were mostly bedridden or with little mobility. People diagnosed with dementia are also accepted.

The advisers to the Chancellor of Justice and the expert visited the rooms of the nursing home, examined its documents and talked to the employees and 11 clients.

The kitchen of the nursing home, which makes it possible to consider the special requests of the clients, deserves recognition. The clients praised the tasty food and the helpfulness of the nursing home's staff. The yard and surroundings of the nursing home are nice and tidy. There is a nurse at the home on working days. The clients of the nursing home have been entered in the list of the local family doctor, which makes access to family health care easier.

However, it has to pointed out that the nursing home may not have enough staff on duty at all times and there is a shortage of the aids necessary for providing care to the clients. Establishing a system for calling out employees must also be considered. Clients must be offered more meaningful ways of spending their time. It is important to always guarantee the privacy of clients during intimate operations in order to avoid embarrassment and protect dignity. The patients who come to see the family doctor working in the same building should not pass through the premises of the nursing home. Problems were found in the handling and administration of medicines. The Chancellor of Justice also noted that the consent obtained from a client to the non-preparation of a care plan does not release the nursing home from the obligation to prepare a care plan. The preparation and review of a care plan is an integral part of the provision of the general nursing service.