

Inspection of Viljandi Hospital

On 14 December 2012 advisers to the Chancellor of Justice paid an unannounced visit to the Psychiatry Clinic and Nursing Care Centre of Viljandi Hospital. The activities of the acute psychology, tuberculosis treatment, coercive treatment, long-term psychiatric treatment and child psychiatry departments were inspected during the visit. In the Nursing Care Centre of Viljandi Hospital the advisers to the Chancellor of Justice inspected the social welfare department.

The advisers to the Chancellor of Justice gave particular attention to the isolation room as well as the practice and documentation of the application of restraining measures. As a result of the inspection the Chancellor of Justice makes the following suggestions and recommendations to Viljandi Hospital to guarantee the fundamental rights and freedoms of persons:

- the suggestion to guarantee the existence of a register of application of restraining measures in the clinic;
- the recommendation to guarantee the existence of safe rooms in the departments of coercive treatment and acute psychiatry that are only used for the application of restraining measures. If observation rooms are used in said departments, such rooms should be furnished according to the requirements set forth with regulations;
- the suggestion to guarantee that isolation in the tuberculosis department only be in the room adapted for this purpose;
- the suggestion to guarantee the existence of a safe isolation room in the social welfare department of the Nursing Care Centre that meets all requirements, and to isolate people in said department only in the isolation room.