

## **Inspection visit to Wismari Haigla AS**

On 15 and 18 August 2015, advisers to the Chancellor of Justice inspected Wismari Haigla AS with the aim of assessing compliance with the recommendations made by the Chancellor of Justice in 2014. A healthcare expert was involved in the inspection visit.

The hospital provides in-patient psychiatric services for 25 bed places in two wards. At the time of the inspection visit, there were 23 hospitalised patients, of whom 2 patients were receiving treatment involuntarily, with 1 physician, 2 nurses and 2 caregivers on duty.

During the inspection visit, the advisers to the Chancellor of Justice together with the expert visited the premises of the hospital and interviewed staff and patients at the hospital during their tour.

Compared to the 2014 inspection visit, arrangements for the handling of medicines at the hospital had improved, and patients were better informed about issues relating to their treatment. In a step forward, the hospital had begun to notify the Health Board about cases of patients being restrained over longer periods. At the same time, the hospital had not made any changes in the fitting-out of the observation room or in the work arrangements concerning the observation of restrained patients, as a result of which any restraining undertaken in the observation room to date may not be sufficiently safe. Furthermore, deficiencies continue to occur in the documentation of the application of restraining measures.

As a result of the inspection visit, the Chancellor of Justice issued the following recommendations to the hospital:

1. ensure that any restraining undertaken in the observation room is safe, and that the hospital should also pay particular attention to making sure that:
  - a restrained patient is not in the field of view of any other patients;
  - any other patients cannot injure a restrained patient;
  - a mechanically restrained patient is subject to constant monitoring;
2. ensure the documentation of the application of restraining measures in a manner that conforms to the applicable requirements and enables all the relevant aspects in relation to restraining to be checked.